

STARTERS

Soup of the day

4.9

Suitable for vegan's, with sourdough bread

Mixed mini meze n

6.9

Hummus, falafel, shakshuka, halloumi & tzatziki served with Pita bread

Crispy fried calamari

6.5

With jalapeno mayonnaise

Moule mariniere

7.5 Mussels cooked in white wine & cream sauce

Avocado Carpaccio n

6.5

Crispy potato, mustard dressing & toasted sesame

Pan fried king prawns

7.5

Chilli garlic butter & cherry tomato, with crusty bread

Guacamole

5.9

With nachos & topped with crumbled feta cheese

Kofte & Humus n

6.9

Grilled minced lamb, humus and toasted pine nuts

Zuchina papedale

6.5

Thinly sliced Courgette with pesto dressing on crispy corn tortilla

Goats' cheese n

6.5

Rocket, beetroot & walnut

Salmon tartare

6.9

Raw salmon "cooked" in a lemony gherkin & caper marinade

Just a quick message,
we are open daily from 08:30
serving a wide range of breakfast until 4pm. Please
ask a member of our staff to show you are amazing
breakfast menu
or simply visit thebluelegume.co.uk

PASTA MAINS

Ravioli Garnachio

12.9

Crab ravioli with prawns in creamy tomato sauce

Chicken alfredo

11.9 Chicken, roasted pepper, courgette, & parmesan in creamy sauce

Penne all'arabiatta

10.9

Tomato, garlic & chilli with buffalo mozzarella

Prawn Linguine

11.9

Prawns cooked in chilli garlic tomato sauce

Ravioli

11.9

Spinach & ricotta ravioli with Provençal vegetables & parmesan

MEAT MAINS

Lamb chops

15.5

Roasted garlic mashed potato & gravy

Rib eye Steak 8oz

17.9

Peppercorn sauce, fries & salad

Mediterranean Kofte

12.9

grilled minced lamb with salad & rice

Chicken schnitzel

11.9

Chicken breast covered in breadcrumbs, fried & served with fries & coleslaw

VEGETARIAN MAINS

Stuffed aubergine

11.9

Stuffed with roast vegetables & topped with goats' cheese, served with rice & salad

Vegetable Moussaka

11.9

Layers of grilled vegetable with béchamel served with rice & salad

9.9

Mixed leaves, garlic croutons & mustard dressing

Grilled goats' cheese salad n

10.9

On garlic crostini with walnut dressing, mixed leaves & beetroot

Falafel Salad n

10.9

Rocket, pumpkin seeds, halloumi, roasted tomato, humus & beetroot, home-made pickled cucumber, served with pitta

Tuna Steak Niçoise Salad

11.9

Grilled tuna steak, green beans, egg, olives, onion & potato

optional service charged of 12.5% will be added to your bill

*we cannot guarantee traces of nuts in our kitchen, please ask a member of staff if you have any dietary requirements

n – contains Nuts

FISH MAINS

Sea bass

14.5

Pan fried bass, cous cous & roast vegetables

Salmon

13.5

Pan roasted, with asparagus, carrot & baby potato

Moule mariniere

12.9 Mussels cooked in white wine & cream sauce served with French fries

Monk Fish

14.9

Cooked with saffron cream sauce, mussels & with baby potato

RISOTTO

All our risotto dishes are cooked with cream & served with rocket & parmesan

Mushroom risotto

11.9

With truffle oil

Chicken and Pea risotto

11.9

tarragon & green peas

Prawn & Mussel risotto

11.9

SALADS

All our salads are made with dairy-free dressing

Chicken salad

BURGERS

All burgers are served with fries

Beef burger **10.9**

Made with prime cut beef & homemade pickled cucumber

Falafel burger **9.9**

Hummus, Halloumi & rocket with herby yoghurt

Butter milk chicken burger

9.9

With chipotle mayo

***add a topping,** **1.2**

Cheddar, monetary jack, goats' cheese, halloumi, fried egg

SIDES

3.5

French fries with truffle oil & parmesan

Creamy sautéed spinach

Grilled Vegetables

Mixed leaves

Mozzarella & cherry tomato salad

Rocket salad